Seabird Colonies: How you can help

From February to September, hundreds of thousands of seabirds gather to form colonies on rock islands and mainland cliffs along California's Central Coast. Perched shoulder to shoulder or hunkered in tiny underground burrows, seabirds invest great time and energy into nesting and raising healthy youngsters.

Seabirds are highly susceptible to close approaches by boats, aircrafts, or hikers. One incident of disturbance at the wrong time can cause breeding failure and/or death of birds.

Your careful actions can help reduce human disturbances:
- Stay 500 feet away from seabird colonies (nearly 2 football fields)
- Recycle or dispose plastics, hooks, and line safely—not in the water
- Be aware of signs of disturbance, like head bobbing, fluttering, and calling
- Keep aircraft 2000 ft. above ground level

Learn more about seabird conservation by visiting www.prbo.org/seabirdaware. We gratefully thank California Coastal Commission's Whaletail Grants Program for their support of PRBO's Seabird Aware Project.